

Fall 2006

Companions of the Cross



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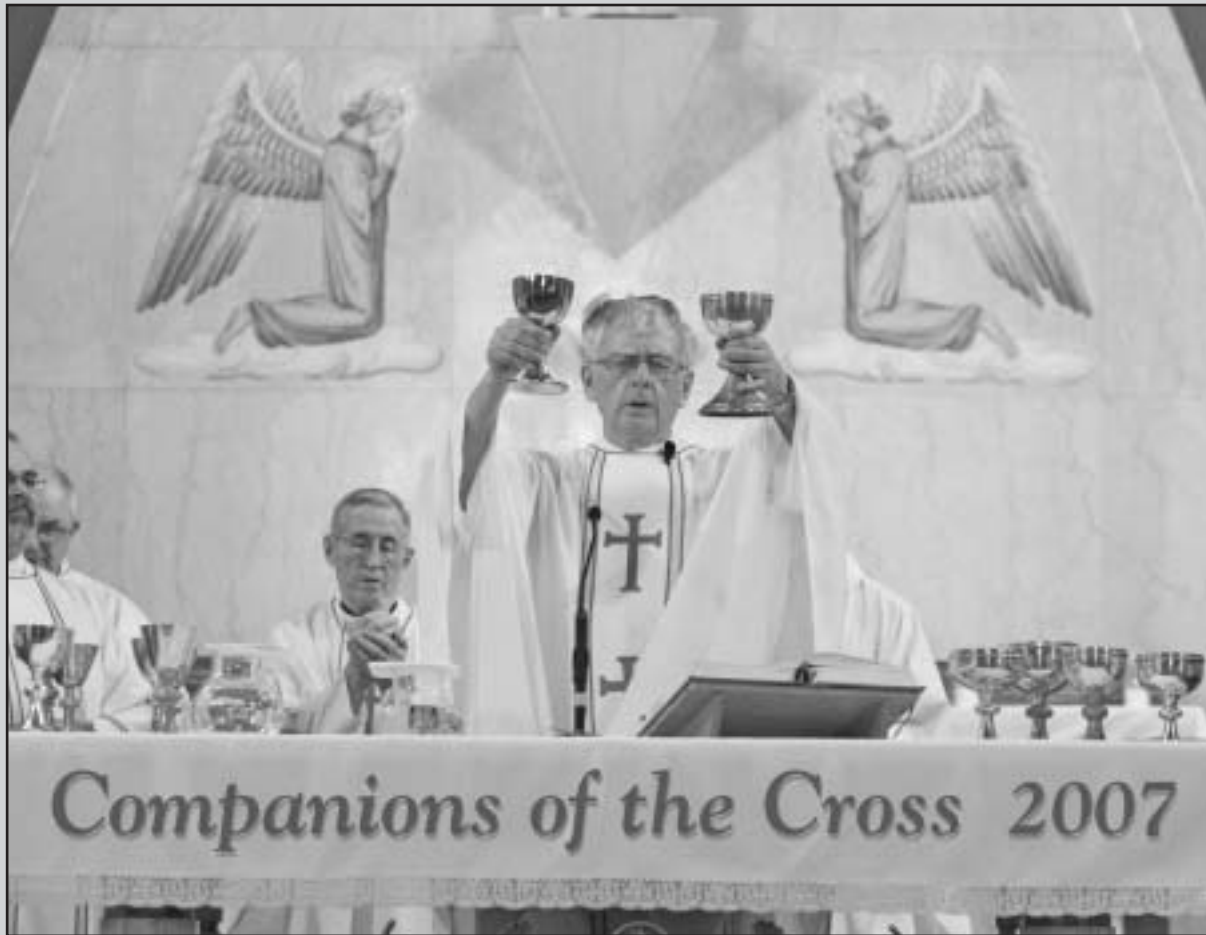
St. Maurice
Celebration

Moderator's
Address

The Struggle
Against Sin



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The editorial team welcomes your comments and inquiries.

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Companions of the Cross



FEATURE

by Fr. Bob Bedard

Abusing the Sacraments

Children are presented to the pastor for Baptism. What is he to do? If he knows the parents as faithful members of the parish, there is no problem. After a little preparation program for the parents, a joyful moment of liturgy will follow.

However, if the pastor doesn't know the parents, he must investigate. Are they, in fact, members of the parish in regular attendance at Sunday Mass? If no, what then does he do?

The simplest thing to do is baptize anybody who comes along. That's the way it was when I was ordained. It may have been simple, but it wasn't right. It was sacramental abuse.

What is the point in baptizing a child who will not be brought up in a household of faith? The very rationale for infant Baptism is the presumption that the little one will be surrounded by a situation as he/she grows up in which Christ reigns.

The Sacrament in such a case should be delayed until the pastor can be assured the child will be reared in a faith-filled atmosphere. If it has to be put off indefinitely, so be it.

The same has to go for the other Sacraments that are customarily administered to children – first Confession, first Communion and Confirmation. If the parents are in no way prepared to nurture the young ones' faith, postponement is in order.

If Catholic schools are in the picture, the pastor needs to be sure the preparation program for Sacraments is directed by the

parish. If people associate Sacraments with Catholic schools, when the school days are over, so will sacramental participation.

In my early years, when I was in Catholic elementary school, we were taken once a month by our teachers to the church for Confession. Although it probably would have been better had our parents taken us, it nonetheless did make a bit of sense. After all, almost all my classmates and I came from faithful, church-going families.

Today the tradition persists to some extent. More commonly now, however, the pastor, with a few other priests to help, will go to the school two or three times a year. But the bulk of the children do not any more come from faith-filled families. Just the opposite.

So the same pastoral decision should hold as with Baptism. Since most of the children don't go to church and are not being brought up in the faith, the Sacraments should be delayed.

Although the responsibility for this state of affairs lies mainly with the parents, there is no real motivation for true repentance on the part of the youngsters. To attempt to celebrate the Sacrament of Confession/Reconciliation in this situation is pointless. It is an abuse of a marvellous Sacrament. Let parents of children who are practising the faith bring them to church for Confession.

I have to confess that one of the lowest points in my liturgical year is First Communion Sunday. To see the children all gussied up in their finery – beautiful white dresses for the girls, natty black suits for the boys – sets my heart to sinking. In a class of 30 or so, there might be five or six from church-going families. Most of the adults accompanying the children are complete strangers to me. Cameras are all

over the place. Flash bulbs are popping all through. An important cultural event is taking place. But the Sacraments are not meant to be settings for cultural events. This is sacramental abuse.

It is common practice to celebrate Mass in Catholic schools, either for the whole school or for individual classes. I'm against it. What's the point of having non church-going children receiving Communion two or three times a year? Sacramental abuse, I say.

The same goes for high schools. It does something bad to me to celebrate the Eucharist for bored teenagers and dispense Holy Communion, knowing only a small percentage come with the necessary disposition to receive the grace of the Sacrament. What's the point? Abuse again.

Matrimony is a Sacrament. Like all the Sacraments, it gives grace. And the grace given at the time of the exchange of vows continues to be available throughout the ensuing years when the couple call upon it. Surveys tell us about 80% of young people coming to arrange weddings are already living together. What percentage really understand matrimony's sacramental character? I'm afraid it's very low.

What is a pastor to do? At the least, he must challenge the co-habiting duos to separate until marriage and have them enrolled in a marriage preparation program that will highlight its sacramental character and place an important emphasis on natural family planning. Surrender of their entire lives to Christ has to be emphasized with a strong emphasis on becoming involved in a Holy Spirit seminar sometime during the first year of marriage.

If the pastor (or his delegate) cannot come to a degree of certainty about the couple's readiness to celebrate the Sacrament, he must postpone the wedding until he has

such assurance. He has to know they will separate before the wedding and make every effort to abstain. He has to be sure, as well, that they're buying the teachings of the marriage preparation program. He should see them in church on a regular basis.

Does it sound as though I'm advocating making it difficult to get married? I hope so. Perhaps if we do so we'll see a

remarkably greater percentage of successful marriages.

The Sacraments are external signs established by Christ to give grace. Grace is a share here on earth of the very life of God. Every time a Sacrament is validly administered, grace is poured out upon the participant. That's called the *ex opere operato* principle. However, the degree of grace received depends entirely on the readiness

of the recipient. That's the *ex opere operantis* principle. If serious sin is present or faith is not there, no grace is received.

Let's assist people to celebrate the Sacraments with faith! ☺

.....
Fr. Bob Bedard is the founder of the Companions of the Cross.

“He who loses his life for My sake will find it” (Mt. 10:39)

Do you feel the Lord might be calling you to the priesthood? The Companions of the Cross invite you to make a discernment retreat at Our Lady of the Holy Spirit CC Household in Ottawa (#58 Primrose). Come and live our community life, meet our priests and seminarians, and see if the Lord might indeed be calling you to the priesthood and our community.

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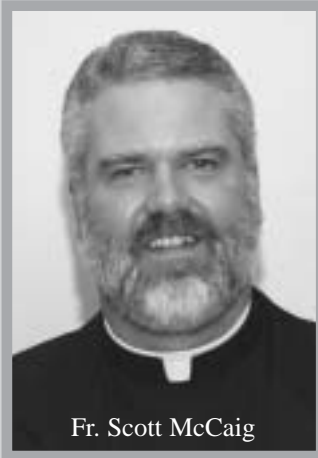


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N e w A p p l i c a n t s

Moderator's Address



Fr. Scott McCaig

On Thursday, September 14, 2006 the Companions celebrated their annual feast day the Triumph of the Cross at St. Mary's church in Ottawa. In conjunction with that event this memorandum was sent out to all the brothers in the community to mark their feast day.

MEMORANDUM

Dear Brothers,

As a community we have experienced tremendous blessings in these last few months as a result of our Assembly and Community Days. Each in its own way has been an opportunity to be renewed in our common call to holiness and mission. In the year ahead it will be our task to build upon and deepen these graces as together we reflect on our call as Companions of the Cross. On this feast of the Triumph of the Cross, which we celebrate as our principle community feast, it seems opportune to reflect upon the essential nature of our call as a Society of Apostolic Life, and on the importance of our own constitutions and rules.

The first thing we must acknowledge is that it was the Lord himself who brought us into being as a community. Our vision began in his heart! It is his idea. It is ultimately his project and it belongs to him. As a Society of Apostolic Life we have been called together by the Lord for a specific apostolic purpose (cf. *Code of Canon Law [CIC] 731#1*). The community exists to answer this call from the Lord. He has chosen each of us and called us by name, beginning with our founder Fr. Bob Bedard, to accomplish something that is important to him and dear to his heart. He has entrusted the mission to us as a community and to each of us personally. Should this not leave us humbled and profoundly grateful?

Our call from the Lord, his will for our lives, is found in our constitutions and rules which "express and facilitate our charism" (*Constitution [C] 151*). Certainly the expression of the call is more developed than the first "vision statements" of the fledgling community.

This is because our understanding of the call has grown and deepened, especially over the course of our Assembly process in which we communally discerned and wrote our statutes. There has also been a need, naturally enough, for an organic growth of the organs of governance and administration in the community. The vision, however, is the same. We are called to say "yes" to this vision with our hearts, our voices, and our entire lives.

Our particular mission, the reason for our existence as Companions of the Cross, is to "participate in the ongoing renewal of the Church through a dynamic evangelization according to the spirit of our founder" (*C4*). This is the Lord's specific mission for us. Our constitutions also teach us how the Lord wants us to achieve this mission. Therefore our constitutions must be the constant reference point for all our ministry and pastoral planning.

Our fraternal life and spirituality are constitutive parts of this call to evangelization. These, too, have come to us from the Lord and are integral to our apostolic mission. Our mission of evangelization begins in our local households. As our founder constantly reminds us, "the effectiveness of our ministry will flow from the quality of our life together". Our spirituality is also ordered to our mission, nourishing and empowering us to accomplish it. Our fraternal life, our spirituality, and our mission are one call and cannot be separated. Our "yes" must be to the entire call.

It is important to remember that as brothers we share one life, one spiritual heritage, and one mission. In our community we highly value the uniqueness of our members and appreciate our differences and varied giftedness, but always within the parameters of our common call. Our

constitutions represent the dynamic soul of the community, the glue which unites us and truly makes us brothers. Our constitutions must be for each of us the non-negotiable common commitment that makes us one.

As the expression of God's manifest will for our lives, our constitutions and rules must be received with a certain reverence and mature obedience. Indeed, each one of us has promised before God and our brothers "to follow the Constitutions and Rules of the Companions of the Cross" (C72 & C75). Our promise is to obey the constitutions! Our obedience is not a matter of mere natural assent but an act of faith. Our obedience is ultimately directed to God through our constitutions and our legitimate superiors. In reverencing and obeying the constitutions, it is the Lord we are reverencing and obeying.

Living our constitutions in this way gives glory to God! In fact, this is the very motivation we are to have in making our promises – "for the greater glory of Christ and His Holy Cross" (C72 & C75). Our observance of the constitutions should be motivated by a desire to love and glorify the Lord, not a mere obligation. It is important to regularly examine our hearts and bring them into conformity with what we have promised.

The Church reminds us that we are to "strive for the perfection of charity through the observance of the constitutions" (CIC 731#1). God's plan for our

holiness, as Companions of the Cross, is found in our constitutions. They highlight the specific ideals He has called us to strive for and the disciplines that we must embrace as a foundation. Most significantly they describe the way of life we are called to live. Every family is called to be a school of love and communion. Our religious family, our community, is no different. It is through the day-to-day observance of our constitutions that we grow toward perfection in charity.

*"...for the
greater glory
of Christ
and his
Holy Cross"
(C72 & C75)*

The fraternal life, spirituality, and mission the Lord has called us to embrace are not for the faint of heart. In our promises we acknowledge that none of us can fully answer this call on our own (cf. C72 & C75). First and foremost we are to rely on the grace of

God. We will often fail and fall short but we must never lose hope or allow ourselves to accept less than the fullness of the Lord's plan for us. We are to start afresh from Christ every day – with confidence in God, a quiet determination, and genuine zeal. Secondly we are to rely on the intercession of the Blessed Virgin Mary. Who better than our Lady to teach us the true meaning of being a companion of the Cross? As our Queen, our loving Mother, and our model of Christian discipleship she will help us to truly say "yes" to her Son's call for our lives. Finally, we are to rely on the support of our brothers. It is our common responsibility to ensure that we are following and growing in the life and mission the Lord has given us. It falls to each of us to incarnate the call more deeply into the fabric of our everyday

lives and to help our brothers to do the same. The degree to which each of us does this is the degree to which we are truly saying "yes" to the Lord.

We can confidently trust that we will find profound joy and fulfillment in following the Lord's call for us. He has called us and he is trustworthy. But we must also be prepared for the trials and difficulties that come with the building up of the Kingdom of God. As our constitutions put it, "we are determined to pick up our cross daily and follow the Lord, uniting ourselves to the passion of Christ and to his work of redemption" (C37). We must be prepared to make sacrifices, persevere, and even suffer in order to see our mission realized. Is this not the true measure of our love, our fidelity, and our gratitude to the Lord?

As we begin this year of studying and meditating on our constitutions and rules, may the Lord lead us into a true rediscovery of the call and charism he has given us. Under the mantle of our Lady may the Holy Spirit fan into a flame our zeal "to follow the Constitutions and Rules of the Companions of the Cross... for the greater glory of Christ and his Holy Cross" (C75).

Accipimus Crucem,
Fr. Scott McCaig, CC
Moderator (General Superior)
Companions of the Cross

Feast of the Exaltation of the Holy Cross
September 14, 2006.

If you are interested in reading more on the Constitutions and Rules of the Companions of Cross visit our web site at www.companionscross.ca.

The Struggle Against Sin



Excerpts from Chapter 6 of Ralph Martin's *The Fulfillment of All Desire: A Guidebook for the Journey to God Based on the Wisdom of the Saints* (Steubenville, OH: Emmaus Road publishing, 2006). Reprinted with permission. To order this book visit www.renewalministries.net.

Note: Ralph Martin was the principal speaker at this year's Companions of the Cross Community Days (held at the end of August) up at Camp Red Pine. The material covered in this chapter formed part of his teaching to the CCs.

As we begin the spiritual journey, the struggle against sin may be particularly intense. Ignorance about what's right and wrong needs to give way to true understanding. Conversion has to deepen. Deeply ingrained habits have to be exposed to the light and the power of grace. St. Bernard of Clairvaux gives a striking summary:

We have seen how every soul - even if burdened with sin (2 Tm 3:6), enmeshed in vice, ensnared by the allurements of pleasure, a captive in exile, imprisoned in the body, caught in mud (Ps 68:3), fixed in

mire, bound to its members, a slave to care, distracted by business, afflicted with sorrow, wandering and straying, filled with anxious forebodings and uneasy suspicions, a stranger in a hostile land (Ex 2:22), and, according to the Prophet, sharing the defilement of the dead and counted with those who go down into hell (Bar 3:11) - every soul, I say, standing thus under condemnation and without hope, has the power to turn and find it cannot only breathe the fresh air of the hope of pardon and mercy, but also dare to aspire to the nuptials of the Word, not fearing to enter into alliance

with God or to bear the sweet yoke of love (Mt 11:30) with the King of angels.

Bernard, excruciatingly aware of the condition of the soul apart from God, nevertheless knows that every soul, without exception, however deeply mired in the mud of sin and disordered lives, is called not only to begin the journey to union with God, but to complete it successfully by attaining spiritual marriage.

The First Purgation: Mortal Sin

Obviously, turning away from serious sin is one of the first things that needs to happen in true conversion. As Saint Francis de Sales writes: "What is your state of soul with respect to mortal sin? Are you firmly resolved never to commit it for any reason whatsoever? ...In this resolution consists the foundation of the spiritual life."

Francis recommends that a person in such a situation - coming back to the Lord from a life that included serious sin - consider the possibility of making a "general confession". This entails making an appointment with a trusted confessor and going over one's whole life as a way of making a fresh start. Francis acknowledges that this is not absolutely necessary, but he strongly advises it.

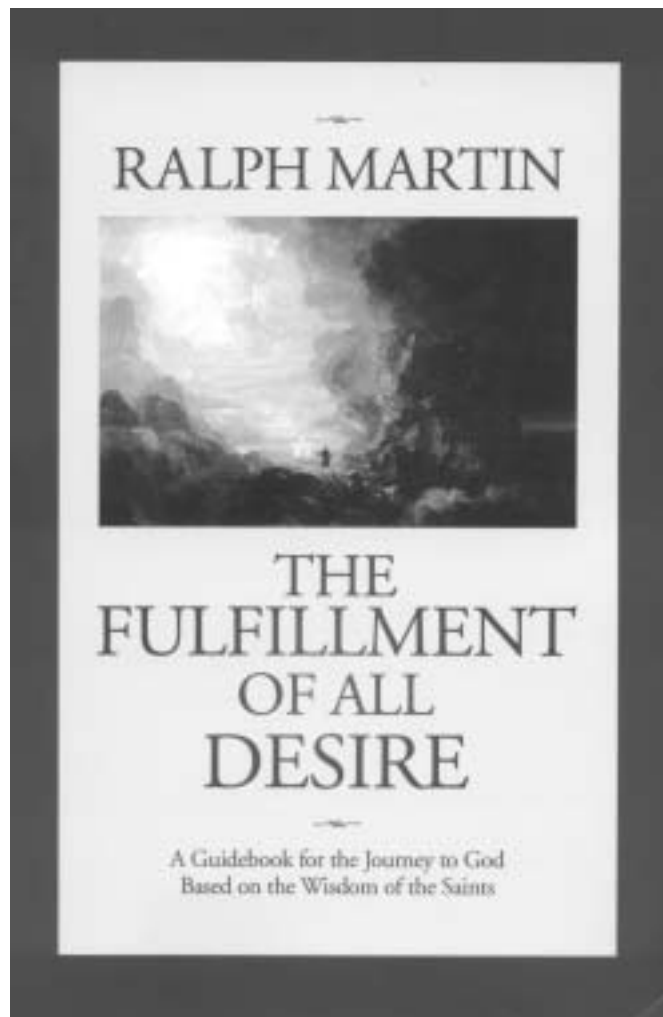
He also points out how important the regular practice of the Sacrament of Reconciliation can be in making a real change in our lives. He points out, though, that for the sacrament to be really efficacious it is important that we prepare for going to confession and be sincere and serious about wanting to turn away from sin.

"Often they make little or even no preparation and do not have sufficient contrition. Too often it happens that they go to confession with a tacit intention of returning to sin, since they are unwilling to avoid its occasions or use the means necessary for amendment of life."

Francis recommends weekly confession, although other spiritual writers recommend other frequencies, such as monthly. Even when we don't have mortal sins to confess, Francis points out the advantage of confessing venial sins, even though we don't have an obligation to do so, as it brings them into focus so we can work on them more intently, as well as benefiting from the grace given in the sacrament.

Francis emphasizes that we really need to be sorry for our sins in order to make their reappearance less likely.

Many who confess their venial sins out of custom and concern for order but without thought of amendment remain burdened with them for their whole life and thus lose many spiritual benefits and advantages....It is an abuse to confess any kind of sin, whether mortal or venial, without a will to be rid of it since confession was instituted for no other purpose.



He also recommends that we be as specific as possible in our confession and not just confess generalities. For example, he encourages us not to confess in such general terms such as we didn't love God or our neighbour enough, or pray devoutly enough, since "Every saint in heaven and every man on earth might say the same thing if they went to confession."

Continued on page 8.

The Second Purgation: The Affection for Sin

One of Francis's most helpful insights is his teaching on the affection for sin. He points out that oftentimes we might turn away from serious sins in our life and try hard not to commit them, but still nurture affection for such sin, which greatly slows down our spiritual progress and disposes us to future falls.

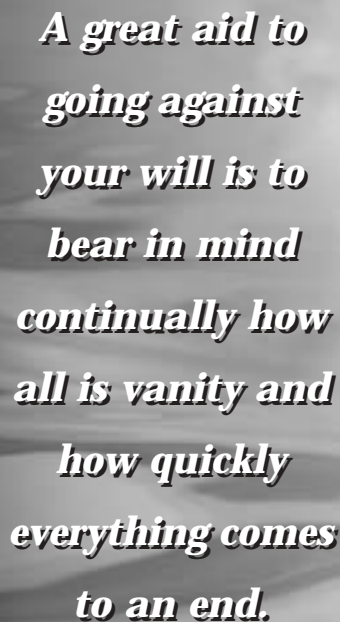
He points out that although the Israelites left Egypt in effect, many did not leave it in affection; and the same is true for many of us. We leave sin in effect, but reluctantly, and look back at it fondly, as did Lot's wife when she looked back on the doomed city of Sodom.

Francis gives an amusing but telling example of how a doctor, for the purpose of health, might forbid a patient to eat melons lest he die. The patient therefore abstains from eating them, but

they begrudge giving them up, talk about them, would eat them if they could, want to smell them at least, and envy those who can eat them. In such a way weak, lazy penitents abstain regretfully for a while from sin. They would like very much to commit sins if they could do so without being damned. They speak about sin with a certain petulance and with liking for it and think those who commit sins are at peace with themselves.

Francis says this is like the person who would like to take revenge on someone "if only he could" or a woman who doesn't intend to commit adultery but still wishes to flirt. Such souls are in danger. Besides the real danger of falling into serious sin again, having such a "divided heart" makes the spiritual life wearisome and the "devout" life of prompt, diligent, and frequent response to God's will and inspirations virtually impossible.

Bernard similarly reminds us that feeling such affection for sin is not necessarily a sin in itself. To feel jealousy without yielding to it is no sin, but "a passion that time will heal". He warns us though that if we "nurture" such affections or disordered passions we are heading in the



***A great aid to
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wrong direction. He also tells us we should strive to eliminate or reduce such affection for sin by confession, tears, and prayer. Even if we should not prove successful, at least we can grow in gentleness and humility as we bear the burden of such a continuing struggle.

What does Francis propose as the remedy for such remaining attachment to the affection for sin? A recovery of the biblical worldview!

Francis himself leads the reader of the *Introduction to the Devout Life* through ten such meditations on these basic truths, focusing on all we have been given by God and the debt of gratitude we owe Him, the ugliness and horror of sin, the

reality of judgment and hell, the great mercy and goodness of Jesus' work of redemption, the shortness of life, and the great beauty and glory of heaven. Francis and all the saints we are considering believe that there truly is power in the Word of God, and that meditating on the truth can progressively free us from remaining affection for sin.

The saints have a wonderful way of bringing the insight of Scripture into contact with the circumstances of our lives. St. Teresa of Avila puts it this way:

A great aid to going against your will is to bear in mind continually how all is vanity and how quickly everything comes to an end. This helps to remove our attachment to trivia and center it on what will never end. Even though this practice seems to be a weak means, it will strengthen the soul greatly and the soul will be most careful in very little things. When we begin to become attached to something, we should strive to turn our thoughts from it and bring them back to God – and His majesty helps.

The vigorous effort that the saints urge us to make in the struggle against sin is firmly grounded in the Scriptures.

Submit yourselves therefore to God. Resist the devil and he will flee from you. Draw near to God and he will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you men of double mind....Humble yourselves before the Lord and he will exalt you.
(Jas 4:7-10)

We need to determine, with the help of God's grace, never to freely choose to offend Him. Francis makes clear that such purification of the affection for sin must extend to venial sins also.

The Third Purgation: Venial Sin

Teresa, Bernard, and Francis all acknowledge that there will probably always be some inadvertent venial sins that we commit, without full reflection or choice. As Bernard puts it: “Which of us can live uprightly and perfectly even for one hour, an hour free from fruitless talk and care-less work?”

They all also teach, though, very clearly and strongly, that in so far as it lies in our power, we need to resolve never to freely choose to offend God, even in a small matter, if we are to make progress in the spiritual life.

Both Francis and Teresa point out that to fall into some involuntary lie, out of embarrassment, for example, is one thing; but to maintain an affection for telling little lies, or to freely choose to do so, is a significant obstacle to making progress, and truly offensive to the Lord. Affection for venial sin, just as affection for mortal sin, needs to progressively disappear from our lives as we make progress on the spiritual journey.

To nourish affection for venial sin, Francis points out, weakens the powers of our spirit, stands in the way of God’s consolations, and opens the door to temptations. At the same time Francis doesn’t want to engender a morbid scrupulosity about the myriad temptations and sometimes inadvertent venial sins that are part of life in this world. He assures us that inadvertent venial sins and faults are “not a matter of any great moment” if as soon as they occur we reject them, and refuse to entertain any affection for them.

Francis makes clear that the process of purification will continue throughout our life, and so “we must not be disturbed at our imperfections, since for us perfection

consists in fighting against them”. Hatred for sin is important. Confidence in the mercy of God is even more important.

Thérèse makes clear that growth in the spiritual life is usually a gradual process; Jesus is patient with us, “for He doesn’t like pointing everything out at once to souls. He generally gives His light little by little”. Thérèse also speaks of a “joyful resignation” to the lifetime struggle with faults.

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mortal sin.
Fortunately for us,
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provided that we are
willing to fight.*

At the beginning of my spiritual life when I was thirteen or fourteen, I used to ask myself what I would have to strive for later on because I believed it was quite impossible for me to understand perfection better. I learned very quickly since then that the more one advances, the more one sees the goal is still far off. And now I am simply resigned to see myself always imperfect and in this I find my joy.

Thérèse’s resignation was not one of despair, discouragement, passivity, or lack of effort, but a humble acceptance of her creaturely imperfection despite her efforts, infused with joy by her hope in God’s transforming love eventually bringing her to perfection. In the last days of her life, when she was virtually suffocating from the tuberculosis, Thérèse was corrected for an impatient remark to a sister whom she found “tiresome”. Her response? “Oh! How happy I am to see myself imperfect and to be in need of God’s mercy so much even at the moment of my death.”

Realistically, Francis says, there will probably be falls along the way, but God can use even these to deepen our humility:

Imperfections and venial sins cannot deprive us of spiritual life; it is lost only by mortal sin. Fortunately for us, in this war we are always victorious provided that we are willing to fight.

Francis, like many of the saints, wants to encourage us on the spiritual journey. This is a journey on which we are all called to embark; and God will give us the grace to make progress on this journey, if only we are willing to persevere, to fight the good fight. Bernard too wants us to know that even in the midst of the struggle – whether it be with mortal sin or venial sin, worldliness or temptation, perseverance in prayer or growth in virtue, loving or forgiving – we profoundly need to “lean on the Beloved”. Bernard knows that to “fight against yourself without respite in a continual and hard struggle, and renounce your inveterate habits and inborn inclinations” is very hard, impossible really, without the help of the Lord.

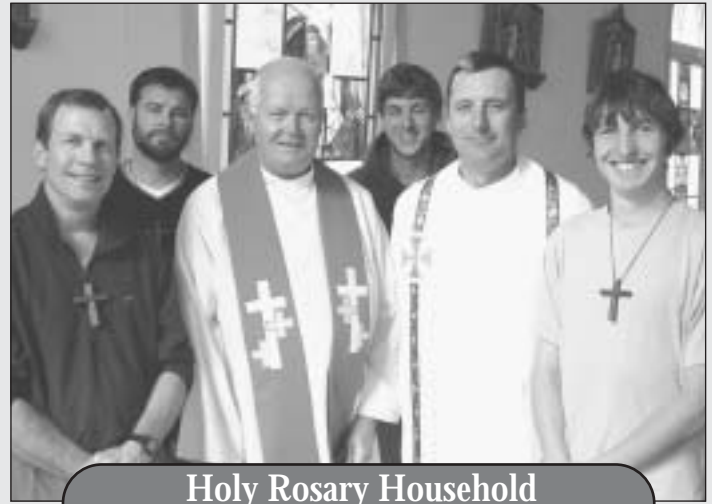
The Good News is that the Beloved loves to be leaned on! ☩



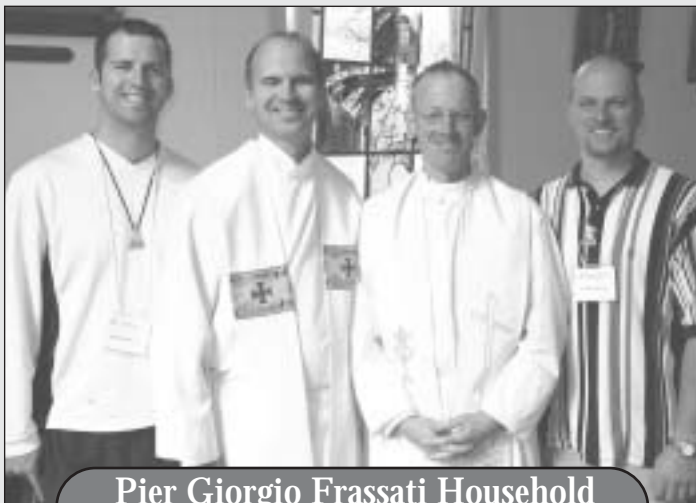
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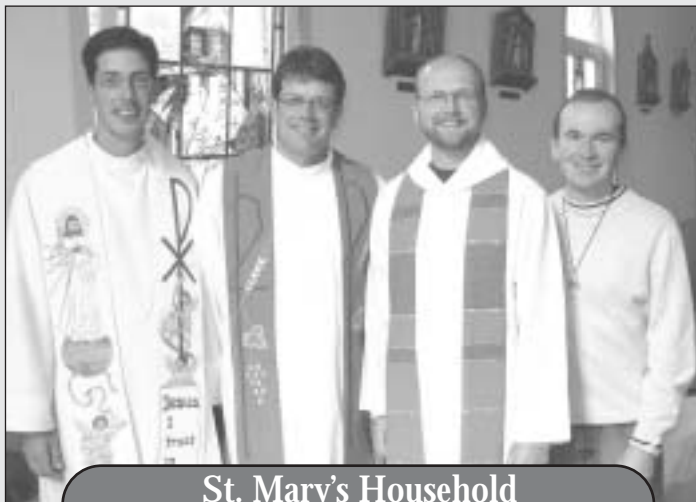
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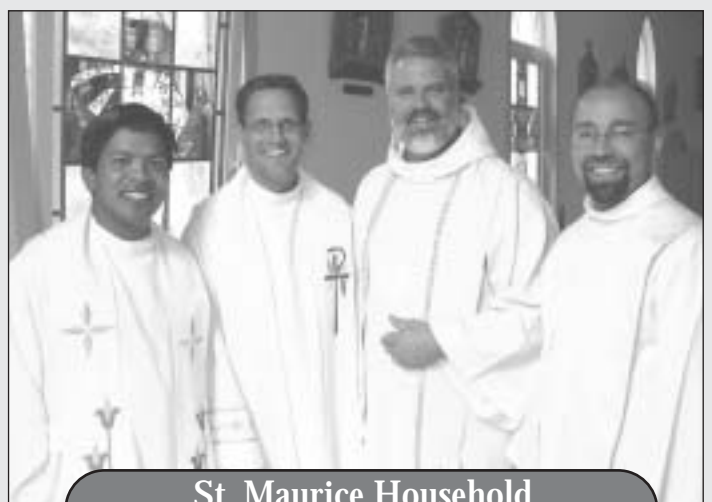
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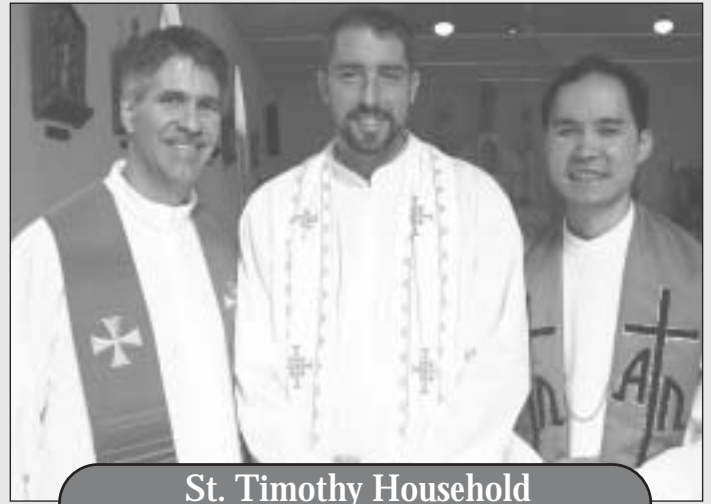
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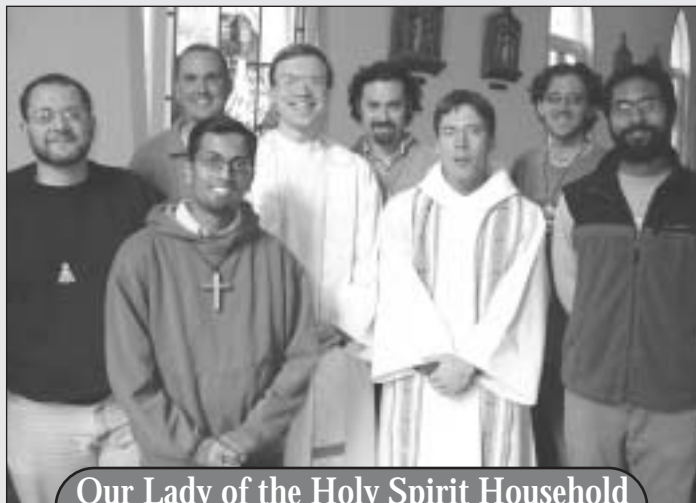
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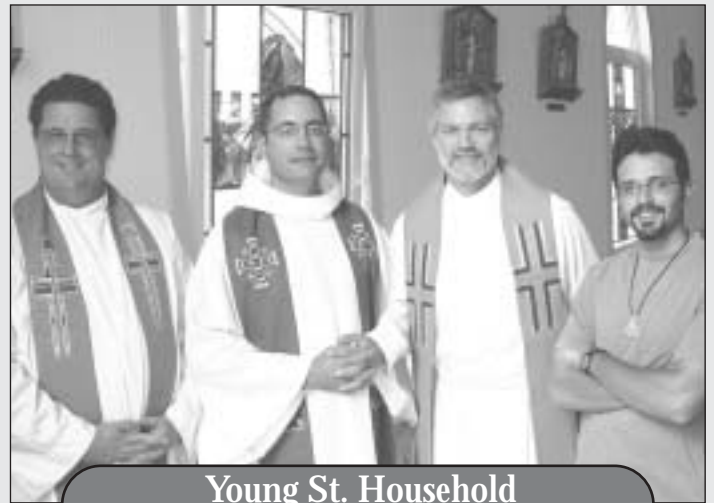
St. Paul's Household
Halifax



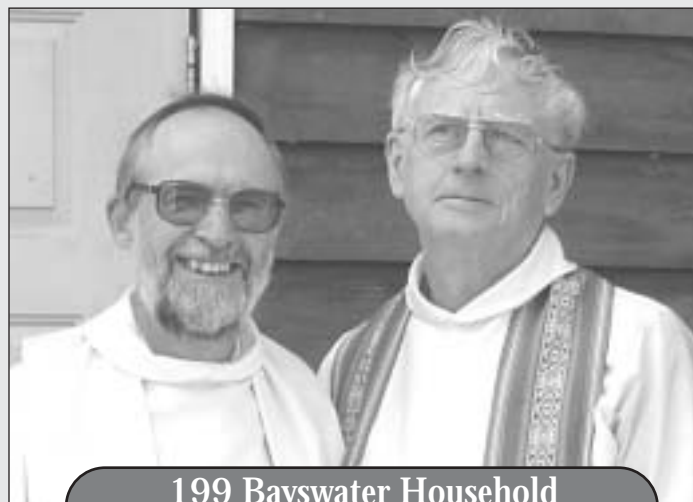
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Our Lady of the Holy Spirit Household
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Ottawa



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Companions of the Cross

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I would like a free subscription to the Companions' quarterly newsletter.

Please pray for the following special intention: _____



Please tear out this entire page, place it in the postage paid envelope provided, and then drop it in the mail. Your support of our community is very much appreciated!

Ralph Martin Encourages the Companions of the Cross!

“I believe that your spirituality (which is Marian, Eucharistic, Magisterial, and Charismatic), coupled with your principal charism (Evangelization) and communal life together, make the Companions a powerful force for renewal in the Church today. I urge all Catholics to support the Companions in whatever way they can, be it spiritually, materially, or both.”

-Ralph Martin, noted author, founder of Renewal Ministries, and host of the TV program “*The Choices We Face*”, speaking during the annual Companions of the Cross Community Days (seen 2nd row, 1st right)



The words above are high praise indeed, coming from such a gifted and committed Catholic layman. Ralph has travelled far and wide in his service to the Church, and he is excited by what he sees happening in our community. Thank you Ralph!

BUT WE NEED YOUR ENDORSEMENT TOO!

If you would like to support the Companions of the Cross, please fill out our donor response form on the adjoining page. If you would like to remember the community in your Will or life insurance policy, or to discuss any other matter related to making a bequest or donation to the community, do not hesitate to get in contact with Mr. Ken Gorman, CC Director of Resource Development, at our CC Office in Ottawa, by calling him at (613) 728-3175 or toll free at (866) 885-8824.

FEATURE

by Dale Balkovec



As living stones... We have built!

St. Maurice Parish Architectural Renewal Project

This past April 30, the Sunday Mass crowds at St. Maurice Church in Nepean, ON responded as usual to the dismissal to “Go in peace to love and serve the Lord”. But for the first time, to the echoes of “Thanks be to God,” most of the crowd of hundreds spilled through open glass walls onto the balcony area – the new baptistery – and then down the sweeping staircase into the atrium. “Oohs” and “ahs” resounded throughout the light and airy space surrounding the excited community. We were reunited at last, **in one large and beautiful space**, after a challenging fall and winter of construction. Gone were the incessant noise, the prevailing dust, the frigid drafts, the hike to the “deluxe” porta-potty (a.k.a. “Vati-can”)... **Thanks be to God**, indeed!

“...fan into flame the gift of God that you possess” (2 Tm 1:6).

On a sunny April Sunday nine years earlier, 120 parishioners had gathered off-site for a day of faith, family, friendship and fun. Our community was 33 1/2 years old, and had celebrated the retirement of our mortgage and consecration of our church building only two-and-half years earlier (September 18, 1994). Dubbed *Fanning the Flame*, the deeper purpose of this gathering was to provide a format within which to share and record our hopes, dreams, and visions for our continued growth as a parish family. Underlying the rich mix of sharing, a common theme emerged: many desires were frustrated or initiatives limited by the fact that we had little non-liturgical space of our own. Our “church hall” was one small space in the

basement, its usefulness further truncated by the infamous pillars that we loved to hate. Finding space for the existing parish life was increasingly a challenge to our ingenuity and forbearance; how could we hope to nurture the broader community life and ministry we envisioned?

Shortly after *Fanning the Flame*, we said farewell to our first Companions of the Cross pastor, Fr. John Vandenakker. Our new pastor, Fr. Ross Lambton, wished to include as many parishioners as possible in a visioning process. A Parish Needs Assessment was developed and offered to all those attending Sunday Masses over one weekend in the fall of 1997. The underlying theme became even more evident: if the Spirit continued to fan the existing life at St. Maurice, and fuel it with the wealth of hopes, goals, needs and



gifts identified, the resulting blaze could burst our church at the seams – quite literally!

“...as living stones, let yourselves be built into a spiritual house...”
(1 Pe 2:5).

Thus began three years of articulating a plan that could realistically address the needs and goals of our community, as well as the challenges of the existing site and building, and the requirements imposed by being citizens of both the Kingdom of God and the city of Ottawa. The governing principle was clear – to seek the will of God for our parish community. The process must be both spiritual and temporal, one of prayer, discernment, broad consultation, collaboration, and communication...and the outcome must be for God’s glory, not ours.

With a faith essentially incarnational, we quickly began to grow in understanding of the Lord’s guiding Word for us in 1 Peter 2:5: yes, we would build with bricks and mortar, but through the very process of architectural renewal we too would be renewed and built up as living stones into a spiritual house, the people of God, the Body of Christ.

In conjunction with the Feast of St. Maurice in fall 2000, the Architectural Renewal Team unveiled a proposal that would provide for the priority needs. The design by Barry Hobin & Associates included a new accessible entrance through a large, multi-purpose gathering place attached to the south wall of the existing church (atrium); there would be several functional spaces for meetings, ministry and administration, an updated kitchen and accessible washrooms, an

elevator, some minor enhancements of liturgical space, and at the heart of the project, a place to adore Jesus – the Cornerstone of the project and the parish – in a Blessed Sacrament Oratory. A broad parish consultation indicated 83% support and garnered initial pledges topping half a million dollars!

The Parish Pastoral and Finance Councils passed resolutions in January 2001 describing the terms by which to proceed. In April the Archbishop approved the project in principle, giving permission to proceed with raising funds towards the projected \$1.2 M price tag. Final approval would be pending demonstration of a viable financial plan. Parishioners threw themselves wholeheartedly into fundraising and community-building efforts. Over the years to come, our vocabulary would grow to include such familiar terms as silent auction, raffle, walk-a-thon, bowl-a-thon, pledge drive, widow’s mite, parish dinner, Bingo, talent show, Knight at the Races...

In 2002 the dual challenge of shepherding both the present life of the community and the plans for renewal was entrusted to our present pastor Fr. Galen Bank. The parish creatively worked towards financial goals with an unwavering spirit of generosity and sense of fun, but concrete steps to further the project awaited his official appointment as pastor in 2003. Then began the hard work of actualizing a plan. Necessary modifications and cuts were negotiated and detailed costing undertaken. Dreams of an Oratory were downscaled to realistic plans for a humble Adoration Chapel. As this process unfolded, the decision was made to delay construction from spring 2004 to 2005.



“Our entire attention is on the finish line as we run toward the prize to which God calls us... life on high in Christ Jesus!”
(Ph 3:14).

New year 2005 was welcomed by a strange mixture of anticipation and uneasiness. The question “when?” floated on the air. Original financial goals had been achieved, but unanticipated costs, including the costs of delay, kept surfacing. A crisis seemed to be looming. We wanted to dig a hole, but the Lord had other plans for dealing with the roadblocks being thrown up as we drew closer to our goal – he called us to dig more deeply into our hearts for fervent prayer that his will be done, and for an even greater generosity with our time, talents and dollars. The future of the project was put back in the hands of all parishioners. The response affirmed that we should press on: a prayer wheel was quickly filled with commitments ensuring prayer around the clock, and in one month \$400,000 more was pledged towards the \$600,000 of new costs!

The battle was on to find solid ground between fiscal prudence and trust in the providence of a God who will not be outdone in generosity. A financial plan was crafted to ensure that we will meet our

financial obligations for the new building and its ongoing maintenance, and also for the daily needs and thriving ministries of the parish community. With a loan from and the approval of the Archdiocese, the shovel finally hit the ground in late summer 2005.

“Now, our God, we give thanks to you and praise your glorious name.”
(1 Ch 29:13).

On Sunday September 24, 2006 we welcomed Archbishop Marcel Gervais to preside over our Feast Day Celebrations at St. Maurice, and to offer our sacrifice of praise and thanksgiving. The joyous Eucharistic celebration, blessing of the new addition, and lively reception expressed our corporate thanks as we closed a very full and rich chapter of parish life.

As with any household renovation project, the “finishing touches” and expenses go on. Meanwhile, we at St. Maurice will tell the stories for years to come, stories interwoven with elements both human and divine. Ask any one of us, and you will hear stories of hopes and disappointments, laughter and tears, prayer and meetings... Stories of pastors and parish-

ioners, personalities and politics, perseverance and prayer, and meetings... Stories of collaboration and compromise, conflict and reconciliation, sacrifice, stress, sweat, and...you know...! As St. John so eloquently expresses at the conclusion of his gospel (Jn 21:25), “*if they were written about in detail, I doubt there would be room enough in the entire world to hold the books to record them*”. My purpose here has been to paint a picture of what the Spirit of the Living God can accomplish, moving through a very real and human Christian community struggling to surrender to his will.

Please pray for us, living stones, as we continue to grow in our life in the Spirit in our spiritual home. May we fill it only with the fruits of that same Spirit, that Christ’s light may burn ever more brightly at the corner of Meadowlands and Perry Streets! ☺

.....
Dale Balkovec grew up in St. Maurice Parish, where her parents were founding members. She moved back into the parish with her husband, George, and family in 1993. Dale also works part-time in Public Relations for the Companions of the Cross.

Learn more about St. Maurice Parish at www.stmauricechurch.com.

TESTIMONY

I Surrender All of Me to You

by Bryan Sabourin

My name is Bryan Sabourin and I am in my second year with the Companions of the Cross. I'm 20 years old and from Ottawa. I would like to share with you how God has changed my life through the power of his love and how he has given me a desire to do his will no matter what it may be.

About eight years ago, my parents had a profound experience of awakening; a coming alive in their faith. Primarily through reading about Our Lady's messages in Medjugorje, God grabbed hold of their hearts and drew both of them to himself at basically the same time. Much change accompanied this renewal of heart in the way they lived out their lives. Daily Mass, the rosary, prayer time and the like became prerogatives. It was quite evident to me that they desired Jesus to be the centre of their lives.

Though I had certainly noticed the change in my parents' lives, my reaction was one of indifference tinged with embarrassment. I had, up to that point, attended church every Sunday because it was what we did as a family. Its impact on my day-to-day life was fairly minimal, and I didn't find it all that interesting. Church wasn't exactly viewed as being the cool hangout, and I was already tired of receiving unedifying comments about my weekly attendance from high school friends.

My parents gave me a few CDs of Christian rock music. The bands were ones that I could recognize from the secular radio stations. After that, I received others that were only played on Christian stations and I found that I liked them. I took part in Soulfest, a large Christian music festival in Cobden, Ontario, in June 2003. It was there that I first encountered the Companions of the Cross. Fr. Bob Bedard and Fr. Mark Goring were both speaking at Soulfest. What really touched me at that festival, was a song that was played by the band Thousand Foot Krutch. In particular, one line that went "I surrender all of me to you" had a profound impact on me. I turned that into a prayer before I went to bed that night and I knew that things would never be the same in my life again.

Thus began a period where I was open to growing in my faith. I realized some of the implications of my prayer soon afterwards and backed down a little. I wasn't quite ready to give my heart. I put conditions on what I would give. It was around this time that my family began to attend St. Mary's parish. By so doing I was able to know the Companions better. I became involved with youth ministry and took part in the "I Have a Destiny



Conference" as well as a Life in the Spirit seminar. I received a lot of emotional and spiritual healing after being prayed over by Fr. Fernando Suarez at that conference, as well as having a profound experience of God's love when Fr. Bob and Fr. Mark Goring prayed over me.

After the prayer session at the Life in the Spirit seminar, I knelt before the Blessed Sacrament. I told the Lord that I would do whatever he wanted...even if that meant becoming a priest. Along with the experience of God's love was a realization that God had a plan for me and that whatever that was, it would truly make me happy. I asked the Lord to let me know what he wanted me to do with my life. When I prayed about the priesthood, I felt a deep peace as well as great joy welling up within me.

In response to that call on my heart, I joined the Companions of the Cross last year. Please pray for me as I continue to pursue God's calling. May God bless you and fill you with his love and abundant grace. ☩

Bayswater House of Discernment



In the fall of 2006 Fr. Bob Bedard and the Companions of the Cross launched a new "House of Discernment" at 199 Bayswater Avenue in Ottawa. The program offers young men the opportunity to discern a call to priesthood without having to make a formal decision to join the community. It is intended to help those who wish to experience certain aspects of community life and vocational discernment, for the benefit of their personal spiritual growth. Residents would be expected to be engaged in university or college studies or employed in a job. The Bayswater House of Discernment affords an ideal setting for those who

do not feel quite ready to "take the plunge" as a CC Applicant or Seminarian, but who nonetheless want to "dip their toes" in order to test the water. Added bonus: they get to share in the wisdom and laughter of Fr. Bob Bedard and Fr. Francis Donnelly!

In order to qualify:

- you must be between the ages of 18 and 29 (exceptions possible).
- have a serious desire to discern a call to the priesthood.
- be responsible for your own medical expenses.
- be responsible for your own educational expenses.
- pay monthly room and board.
- follow household schedules and regulations.

For further information, please contact Father Bob Bedard, CC
199 Bayswater Ave., Ottawa, ON, K1Y 2G5 Tel. (613) 725-3454 E-mail: bobb@companionscross.ca

Koinonia Catholic Gift Shop

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– next to St. Mary's church)

Open Monday to Friday &
Sunday: 10:00 a.m. – 1:00 p.m.
Ed Noah – Manager
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Some items are also available
for ordering online at
www.companionscross.ca





Encountering Christ in the People of Peru – A Latin American Journey of Faith

With Fr. John Vandenakker of the Companions of the Cross

Highlights Include:

- The Shrines of St. Rose of Lima & St. Martin De Porres
- Mission Visit to Pueblo Nuevo Chinchá
- Paracas National Marine Reserve
- Nasca Lines Fly Over
- Cusco & the Sacred Valley
- Machu Picchu (Lost City of the Incas)
- Amazon Rain Forest EcoTour

For pricing and complete itinerary details please visit our web site at www.companionscross.ca & click the "Upcoming Events" section

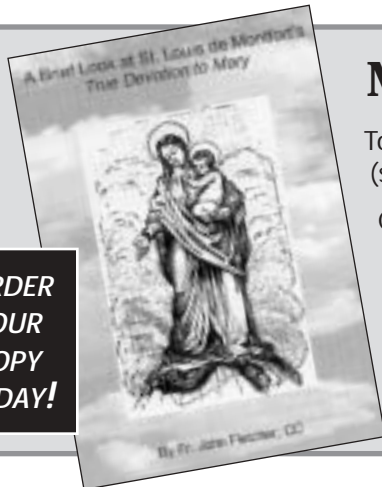
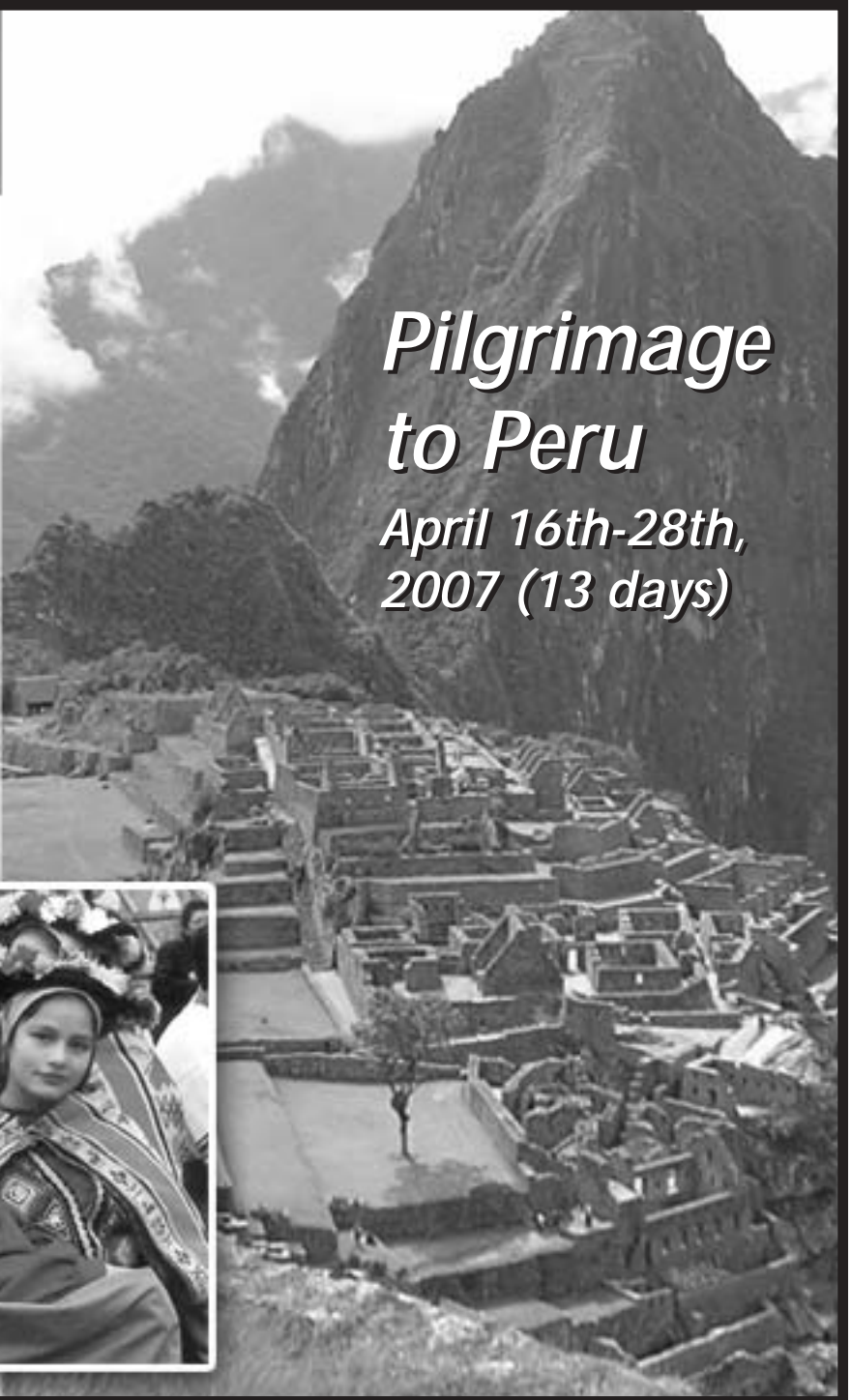
For further information and to request a free brochure please contact: Gail Goshko at (613) 744-1418

Info Meeting:
Sun. Jan. 21st, 2007
2:30 p.m., St. Mary's Hall
(100 Young St., Ottawa)



Pilgrimage to Peru

April 16th-28th,
2007 (13 days)



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MARIAN DVD AVAILABLE

To Order this special Marian DVD, contact Ed Noah at the Koinonia Office (see Koinonia ad opposite this page.)

Cost is only \$20 (includes free shipping and handling).
Make cheques payable to: Koinonia Enterprises.
Each DVD contains 2h+15m of Fr. John Fletcher's talk (recorded live in Halifax).

Fr. John has a great heart for Our Blessed Lady and gives an inspired account of St. Louis de Montfort's *True Devotion to Mary*.

Companions of the Cross Lay Formation Courses 2006-2007

Keys for Growth in the Spiritual Life

Presenter: Fr. Scott McCaig, CC
Moderator of the Companions of
the Cross and former Director of
Seminar Formation

Dates: Monday, October 23,
2006 – December 4, 2006
(7 weeks)

In this series of teachings drawn from the rich spiritual wisdom of the Church, you will receive formation in the foundations of Christian spiritual life: the universal call to holiness, personal prayer through lectio divina, and the disciplines of following Jesus. Learn the common obstacles to spiritual growth and practical strategies for overcoming them through an authentic life in the Spirit: how to deal with temptations, evil thoughts, patterns of sin, difficulties in prayer, and much more.

Cost: \$70.00
(includes teaching outlines)

The Letters of Saint Paul to the Galatians and Ephesians

Presenter: Fr. Terry Donahue, CC
Director of Lay Formation

Dates: January 15 – March 19
(9 weeks) (No class on January
22, class on February 26 moved
to February 28)

In this in-depth scripture study, discover in St. Paul's letter to the Galatians the relationship between the Old and New Covenants, Paul's understanding of Freedom in the Christian Life and the meaning of the phrase "works of the Law". In Paul's letter to the Ephesians, Learn about the new life in Christ, the origin, mystery and unity of the Church, and the nature of Christian marriage.

Cost: \$100.00
(includes teaching outlines and
Ignatius Catholic Study Bible on
Galatians & Ephesians)

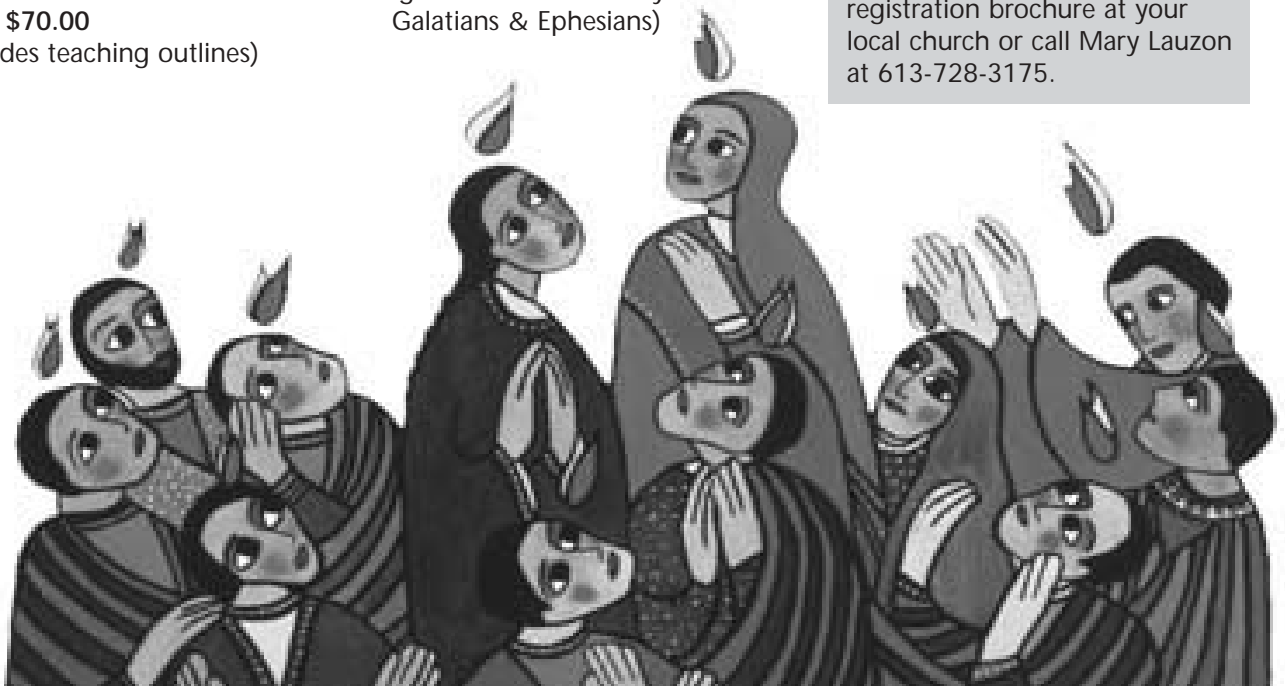
Marian Spirituality

Presenter: Fr. Terry Donahue, CC
Director of Lay Formation
Dates: April 16 – May 21
(6 weeks)

Receive spiritual formation in true devotion to the Blessed Virgin Mary and her role in leading us to Jesus. Learn the meaning of Consecration to Jesus through Mary according to St. Louis de Montfort, Maximillian Kolbe, and John Paul II. Understand the essential aspects of Mary's ongoing ministry in the Church (including the meaning of her titles of Advocate and Mediatrix) and her role in the New Evangelization.

Cost: \$60.00
(includes teaching outlines)

Classes are taught from
7:15 – 9:15pm on Mondays in
the hall of St. Mary's Church on
Bayswater & Young. Pick up a
registration brochure at your
local church or call Mary Lauzon
at 613-728-3175.





COMMUNITY NEWS & NOTES

by Fr. John Vandenakker

CC Ordination Anniversary Celebration

Was held at St. Maurice parish in Ottawa this past Aug. 28th. It was a great success as many people came out to support those priests of the Companions who were commemorating an anniversary of ordination (in multiples of five years). Our guests of honour were: Fr. Galen Bank (5); Fr. Gerald Gauvreau (5); Fr. John Fletcher (5); Fr. Ben St. Croix (5); Fr. Yves Marchildon (10); Fr. Christian Riesbeck (10); and Fr. Dennis Hayes (20). Fr. Bob Bedard our Founder spoke fondly of each of these men in paying tribute to them. A simple but elegant “champagne & dessert” reception was held afterwards in the brand new parish hall. Our thanks go out to all those who came, and to all who helped out, especially our dedicated CC special events coordinator – Mary Lauzon. God Bless you all!



New CC Household in Toronto

The Companions of the Cross have established a new household in Toronto (in addition to the rectory at St. Timothy’s parish). This household is comprised of Fr. Allan MacDonald, Fr. Roger Vandenakker, and CC seminarians J.P.



Bolger and Bernard Messier. It is close to the campus of York University, where Frs. Allan and Roger minister. It has been leased from the Missionary Sisters of the Precious Blood and is located at 685 Finch Ave. W. in North York. It takes up two floors of their former novitiate, which is attached to their convent chapel and a seniors' residence (called St. Bernard's). This CC residence has been named "Frassati House", after Blessed Pier Giorgio Frassati. He was beatified by Pope John Paul II. He is considered a patron of young adults, since he died young (at the age of 24 in 1925). Pier Giorgio lived a very normal but active, faith-filled, and devout Catholic life as a young adult and lay person in northern Italy. We chose Blessed Pier Giorgio Frassati since he, along with St. Thérèse of Lisieux, are the co-patrons of our Catholic Chaplaincy at York University. Fr. Allan had also made a promise to Blessed Pier Giorgio that if a suitable place could be found for this new CC residence, he would name it in honour of him. He came through, with a lot of help from the Missionary Sisters of the Precious Blood!



Camp Red Pine Report

This year we were very pleased and honoured to have Ralph Martin be the main speaker at our 2006 CC Community Days. This event, which gathers together all CC priests and seminarians, was once again held up at Camp Red Pine in Golden Lake, Ontario. A leading figure in the Catholic Charismatic Renewal from its inception, Ralph Martin is currently the President of Renewal Ministries and the host of the weekly television program *The Choices We Face*. He is the author of several books on the Catholic Church and spirituality, along with various audio albums on the teaching of the saints. He is the Director of Graduate Programs in The New Evangelization at Sacred Heart Seminary in Detroit. Ralph is also Assistant Professor of Theology at Sacred Heart Major Seminary in the Archdiocese

of Detroit, as well as Visiting Professor of Theology at Franciscan University of Steubenville. Ralph and his wife Anne have six children and three grandchildren.

Much of Ralph's teaching to us this year was taken from his new book *The Fulfillment of All Desire – A Guidebook for the Journey to God Based on the Wisdom of the Saints* (Emmaus Road Publishing, Steubenville OH, 2006). See the article "The Struggle Against Sin" elsewhere in this newsletter to get an idea of the quality and depth of teaching we received from Ralph this year. We love you Ralph!

During our Community Days we formally welcomed our new Applicants (see their photos on our "Welcome New



Applicants" page elsewhere in this newsletter). We also had several guys making their "Temporary Commitments" to the Companions for the first time (Lawrence Hyginus, Jim Lowe, and Bob Lowry – see accompanying photo). They each received the CC Cross to wear as a sign of their promises. As well, several

other men renewed their commitments. (Fr Rob Arsenault, David Bergeron, John Paul Bolger, Rachad Khadij, Simon Lobo, Carlos Martins, Bernard Messier, Brian O'Neill, Jamie Utronkie, and Chris Vonesch). Please pray for a rich outpouring of the Holy Spirit on all these men!

New this year was the formal presentation of our CC Constitutions and Rules to all members making temporary commitment for the first time. In fact, because it was the first time we did this, all CC members in temporary and permanent commitment received one. CC staffer Dale Balkovec did a very nice job getting this hardcover booklet printed in time for our Community Days. Thanks Dale!

Sr. Hyacinth's First Profession

Christina Hayward (now known as Sister Hyacinth) recently made her "first profession" as a Dominican Sister of Mary Mother of the Eucharist. The ceremony was part of a special Mass held on Aug. 9th in Ann Arbor, Michigan, presided over by the Most Rev. Carl Mengeling, Bishop of Lansing. Sr. Hyacinth is the daughter of Tom and Cathy Hayward of St. Maurice parish in Ottawa. Fr. John Vandenakker, a former pastor of St. Maurice, also attended this joyful and blessed event. Sr. Hyacinth has told people that "the witness of the Companions

helped to foster my own vocation." We wish Sr. Hyacinth all the blessings in the world as she pursues her vocation in this dynamic new community of sisters. For more information about them, please visit their web site at: www.sistersofmary.org.

New Office for Mary, Mother of the Poor

Now that Fr. Fernando Suarez and Fr. Jeff Shannon have been assigned to work full-time for Mary, Mother of the Poor (a charitable outreach foundation Fr. Fernando founded a few years ago), they have set up a new office for MMP on the premises of St. Maurice parish (4 Perry St., Ottawa, ON, K2G 1K5). Phone: (613) 729-3651. Email: Puscari@aol.com. This MMP office will now handle all phone calls, emails, and regular mail that comes into it. Most people who call or email usually have prayer requests they want to pass on, or else they wish to invite Fr. Fernando and Fr. Jeff to come out and conduct a Healing Mass or retreat for their community. Please note that Fr. Fernando and Fr. Jeff are away a lot, so please do not go "looking" for them at this office. Mary, Fr. Fernando's secretary, will check for

messages and answer any mail each weekday. To find out more about MMP, visit www.marymotherofthepoor.org. To check on Fr. Fernando's ministry schedule, please visit www.fatherfernando.com. Please note that all people who call/email the Companions of the Cross office inquiring about Fr. Fernando, will now be directed to this new MMP office.

Letters from our Readers

1) Hello Dear Friends. How blest we are! I enjoy reading the Companions of the Cross' newsletter. It is always a pleasure and it is always filled with "good news". (I commend your priests and writers for their excellent use of the English language too!). In your Summer 2006 issue it was wonderful and heartwarming to see the Companions of the Cross reaching out and serving far and wide, involved in so many different places. God does lead and work in wondrous ways. You cannot



A 25th Anniversary Reflection on the Messages of Our Lady of Medjugorje

**Saturday, October 28, 2006
Bearbrook Farm**

**Visit [www.companionscross.ca/
upcoming.htm](http://www.companionscross.ca/upcoming.htm) for details.**



know of the pleasure, and gratitude that your newsletter brings. Just to see the smiles and delight in the faces of the priests and seminarians is a treasure in itself. I can almost feel the joy (“there is no mirth like the mirth of believers”). It is a pleasure to read the features written by Fr. Robert Bedard (“Do we want to see our Catholic people alive in the Lord?”) – and his much needed humour! I also liked the “Mission to Mexico” article and all the outreach listed in the Companions in Ministry section. Fr. Scott McCaig’s wonderful summary of the call to be a Companion of the Cross – to help seminarians understand and embrace the call from the Lord – is deep food for thought for all of us! I also liked the special feature by Fr. Brian Christie (“This wonderful and growing family of impressive young people”) and his splendid comment: “While there is yet a great deal more to be done to establish the Kingdom of God on today’s secular university campuses, the common barriers to faith in such academic settings – are no match for the love of God communicated through his children by the power of the Holy Spirit.” Again, these words remind us all

of how very blest and fortunate we are to be followers of Christ, and to know and love God by the power of the Holy Spirit. Thanks for “listening”. God bless your day – Pauline Ward.

2) Fr. Christian: Oh my goodness, I could not stop reading the newsletter last night when Joe brought it to me. He got it from the Internet. It is one of the most inspirational newsletters that I have read. I love all of them, but some of the things said in this one are so good. Makes me feel very proud that I know quite a few of the Companions. Every article I read I learned something from. I even saw all of our Houston based Companions names in the newsletter. That was awesome too. I learned more about Father Fernando and what Father Scott had to say, wow! Needless to say, every article was great. We at Queen of Peace and the Charismatic Center are so blessed to have so many of the Companions of the Cross among us. I have grown in my faith but I can remember growing three major times, having the Companions in our church has been my third time to learn and grow in my faith, it is a continuing process.

Thank you so much for being here. It has been a real blessing for my family and for our parish communities. – Blanca Sanchez

Study Theology with the Companions

This coming winter semester (Jan-Apr. 2007) the Companions of the Cross will once again be offering several Theology and Scripture courses at Dominican College in Ottawa. Fr. John Vandenakker will offer a course on “The Revelation of the Mystery of God” on Fridays from 9:00 a.m. – 11:45 a.m. Fr. Rick Jaworski will offer a course on “The Synoptic Gospels” (Matthew, Mark, & Luke) on Tuesdays from 8:30 a.m. – 11:30 a.m. And Michel MacDonald will offer a course on “Sexuality & Marriage” on Mondays from 1:15 p.m. – 4:15 p.m. To find out more how you can register for these courses please call CC Academic Dean Fr. John Vandenakker at (613) 728-1938 or email him at frjohnv@sympatico.ca. ☩

Fr. John Vandenakker teaches theology and serves as Academic Director for the Companions of the Cross.

Photo of the Month



The “St. Paul’s parish, Halifax, Rosary and Adoration crew” (pastor: Fr. Tim Devine) had the Companions Logo carved into a granite memorial stone to show their love for the Companions of the Cross, who also love Mary!

The Healing Power of Jesus

"Jesus went throughout Galilee, teaching in their synagogues, preaching the good news of the kingdom, and healing every disease and sickness among the people."
(Matthew 4:23)



Fr. Fernando Suarez
Healing Ministry

Fr. Terry Donahue
Director of Lay Formation

Fr. Scott McCaig
Moderator

Location:
Tudor Hall
3750 Bowesville Rd.,
Ottawa
Only **\$35.00** per person
(includes catered lunch,
coffee break)

To register, please send
your name, address, and
phone number,
along with a cheque
payable to *Companions of
the Cross* for the number
of tickets you require.

Mail to:
Companions of the Cross,
199 Bayswater Ave.,
Ottawa, ON K1Y 2G5

For further info, please
call Mary Lauzon at
613-297-0899 or
Linda O'Donnell at
613-728-3175

Teachings on the Gift of Healing, Redemptive Suffering, Miracles

Sacrament of Reconciliation, Mass & Prayer for Healing

Friday, February 2

7:00pm – 9:30pm – Opening Mass & Social

Saturday, February 3

8:30am – 5:00pm

Rosary, Mass, Talks, Praise & Worship,
Sacrament of Reconciliation

7:00pm – 10:00pm – Mass & Healing Prayer

NOTE:

YOUTH FEST 2007 is scheduled for January,
so it will not be held on the Saturday evening



Companions of the Cross