

## REASONS TO BELIEVE

October 29 - December 10, 2007

We are in the midst of a *crisis of faith* with Catholics falling away from the Church, youth questioning their faith and often abandoning Catholicism, newspaper headlines and best-selling books attacking the core beliefs of Christianity.

Get equipped with *reasons to believe* so that you can present the truths of the Catholic faith in a charitable and convincing manner. Learn how to respond to recent attacks on...

- *Belief in God* and the value of religion in *The God Delusion* by Richard Dawkins
- *The Identity of Jesus* – highlighted by Pope Benedict XVI in his recent book *Jesus of Nazareth*.
- *The Reliability of the Scriptures* - how to reconcile account of Creation in Genesis with the discoveries of modern science.
- *Scandalous events in the history of the Church* - the Inquisition and Crusades
- *Catholic Moral Teachings* on marriage, contraception, chastity, and more.

You will also receive resources to share with Catholics in high school and university that effectively respond to questions and doubts about the Catholic faith that arise in the classroom and on campus.

Learn how to present convincing *evidence for God's existence* from modern-day miracles approved by the Catholic Church and other signs that confirm faith.

Presenter: Fr. Terry Donahue, CC  
Length: 7 weeks. Cost: \$70.00

## AN INTRODUCTION TO IGNATIAN DISCERNMENT

March 31 - May 12, 2008

How can you determine whether a particular thought or feeling comes from God?

How can you find out God's will for you in the important decisions of life?

In this introduction to St. Ignatius of Loyola's method of discernment you will discover...

- How to identify the origin of spiritual influences on your interior life: *interior motions, consolations* and *desolations*.
- How to properly respond to these interior motions in order to grow closer to God in holiness.
- How to establish the essential conditions in your spiritual life in order to discern God's particular will for you.
- How to use the Rules for Discernment of Spirits and Discernment of God's Will presented in the *Spiritual Exercises of St. Ignatius of Loyola*.

This course is a prerequisite for an upcoming course on Ignatian Discernment which will build on this introduction and include case studies and additional practical applications.

Presenters: Fr. Terry Donahue, CC  
Claire Johnson, STL  
Length: 7 weeks. Cost: \$70.00

## COURSE PRESENTERS



**Fr. Terry Donahue, CC** is the Director of Lay Formation and Chaplain to the Lay Associates for the Companions of the Cross. He has worked in youth evangelization and coordinated the Companions School of Evangelization. As a graduate from the Massachusetts Institute of Technology, Fr. Terry also has a strong background in science & technology.



**Claire Johnson, STL** holds a Licentiate in Biblical Studies. She teaches undergraduate theology courses at Saint Paul University while pursuing her Doctorate in Theology. A lay associate of the Companions of the Cross, she has extensive pastoral experience much of which involves formation of groups and of individuals. Since 1994 Claire has studied Ignatian discernment and has incorporated its tools into her ministries.

*If we let Christ into our lives,  
we lose nothing, nothing, absolutely nothing  
of what makes life free, beautiful and great...*

*Only in this friendship are  
the doors of life opened wide.*

*Only in this friendship is the great potential  
of human existence truly revealed.*

*Only in this friendship do we experience  
beauty and liberation.*

- Pope Benedict XVI

## REGISTRATION FORM

*Only one participant or married couple per registration form. Photocopy as needed.*

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City, Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Parish Name: \_\_\_\_\_

Please indicate the course(s) you wish to attend:

Course	Suggested Cost
<b>Reasons to Believe</b> <i>October 29 — December 10, 2007</i>	\$70.00
<b>Introduction to Ignatian Discernment</b> <i>March 31 — May 12, 2008</i>	\$70.00

Enter your total registration fee: \$ \_\_\_\_\_

Financial assistance for registration is available.

Please enclose a cheque or money order payable to *Companions of the Cross* and mail to:

**Companions of the Cross**  
**Attn: Mary Lauzon**  
**199 Bayswater Ave.**  
**Ottawa, ON K1Y 2G5**

## IMPORTANT INFORMATION

### Classes

Classes will be held on Monday evenings, from 7:15 to 9:15pm.

Each classes will begin with prayer, followed by a teaching (with supporting materials displayed on a projector screen and blackboard), and a time for questions and answers. Group discussions will also be used when appropriate to the subject matter.

### Location

The courses will be held in the parish hall of St. Mary's Church on Bayswater and Young.

### Materials

In each course you will receive a binder with lecture notes, references and handouts for further study at home. Please bring your Bible, blank paper, a pen, and a highlighter.

### For more information

Please contact Mary Lauzon, Coordinator for the Companions of the Cross Lay Associates.

Phone: 613-728-3175      Companions of the Cross  
Fax: 613-725-1590      199 Bayswater Ave.  
cc-la@rogers.com      Ottawa, ON K1Y 2G5

Companions of the Cross

## LAY FORMATION COURSES

*In-depth, systematic,  
Catholic formation  
on the following topics:*

### ***Reasons to Believe***

October — December 2007

### ***Introduction to Ignatian Discernment***

March — May 2008

*“We preach Christ Crucified...  
the Power of God  
and the Wisdom of God.”*

- 1 Cor 1:23-24

